

See the next page
for questions about
Square Dancing.

Live Lively Modern Square Dancing



The January 2024 "Blast Class"
Learn to Square Dance
event is over. We **thank** all
who participated, and hope
they enjoyed themselves!

We've been told:

- > Oct. 2022 - Chris: *"(The experience) was very enjoyable. Appreciated the structure, food, and welcoming atmosphere."*
- > Feb. 2023 - Karen: *"I can see why you call it a Blast Class ~ it was a blast! I had so much fun. Everyone was so nice."*
- > Jan. 2024 - Caleb: *"It was super fun and I really liked the welcoming, warm atmosphere. Thank you very much and I'm looking forward to coming again!"*
- > Jan. 2024 - S. I. *"We had fun again last night! Thanks for all the treats and hospitality. Everyone did such a nice job of making the "new kids" feel welcomed."*

>View two Square Dance promo videos
[on our "Links Page"] **#04 & #05**

>The next **Learn to Square Dance**
opportunity is not scheduled yet at this
time. If you are interested in learning how
to S D, or would have any
questions, please contact
us via the information on
our **"Contact Page"**.



For our New Dancers:

Or anyone interested - you can
"check out" and review many
Square Dance Calls (moves) -
[on our "Links Page"]

"#02 ~ Learn Calls, Animations"
(Shown on this site are
"animations" that show the
moves "looking down" at them.
Speed that can be controlled is a
nice feature here.)

Or

"#03 ~ Learn Calls, Live Dancers"
(This site uses live Dancers to
show the moves. They would like
you to purchase videos to do so
but, the moves are there free to
be seen at your convenience.)



Both web-sites can be helpful in
reviewing how to do a Square
Dance movement. It might just
be a matter of preference (of
how to view them).

01/28/24

About Modern Square Dancing:

One of the most commonly asked questions is -----

Do the Women still wear the “poofy” dresses?



Sometimes, but not usually. **For a normal** local evening dance (or a S D Learning Event), casual clothing for all may be worn and - **comfortable** shoes. At special dances, the gals sometimes “dress up” in more fancy dresses. Even so, styles change over the years and more common now are the “prairie style” skirts for the gals.

How do I learn to Square Dance?

Lessons are held once or twice a year using different formats. There might be a “Blast Class” where you can learn about 1/3 of the basics in two sessions and proceed from there. And/or - lessons are taught on a regular dance night alternating New Dancers & Experienced Dancers. The main thing is – you progressively learn “one step at a time” – and get more proficient over the long haul! (See: two left feet)

Do I need a partner?

Couples, singles, and families are all welcomed, there is usually someone to dance with. Some gals learn the guys part (or vice versa), to provide more dancing time.

Note: 17 & under can dance but must be accompanied by a Parent or Guardian.



When & where?

We dance Wednesday nights at the Lincoln Town Hall, 7:30 to 9:30.

What does that cost? It is \$6.00 per person. (17 & under \$3.)

Do we have to come every Wednesday?

No, but when you are **first learning** to dance, the more regular you can do it, **the better**. A unique part of this activity is (after learning), you do not have to be there every time or find a sub. Be warned though: *Square Dancing can be “addictive”!*

The Music:

While Square Dancing has its roots in

country type music, a **wide** variety of music is now used.

What if I have two left feet – or make a mistake?

Three keys to success:

- 1) *Walk/move to the beat of the music.*
- 2) *Listen closely to the Caller.*
- 3) *Have FUN!*

Some of us have danced for decades. We are experts at making mistakes or “goofing up” on occasion (or oftener)!!



**Square Dancing
Is not
rocket science!**

(You actually don't really “dance” - but walk to the beat of music while doing moves prompted by a Caller.)

Why Square Dance?

- *Enjoy life more. *Have more friends. *Improve your health. *Become mentally sharper. *Be more toned & physically fit.

(Information here is accurate as of 01/2024. Times, locations, prices, and details are though, all subject to change.)